

ANUGRAH MISHRA

Contemporary Painter | Lives and works in London, UK

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ARTIST STATEMENT

My painting practice explores the inner life of displacement - how political rupture becomes psychological experience. Working at large scale and through layered, gestural surfaces, I use symbolism and archetypal imagery to make visible what is often unspoken: grief, survival, fractured identity, and the quiet endurance of the body under pressure.

The refugee crisis sits at the centre of my current work. Rather than illustrating events, I build emotional landscapes where figures carry memory, loss, and resilience through colour, texture, and recurring motifs. I am drawn to the point where personal history meets collective reality - where a single face or posture can hold the weight of a wider humanitarian condition.

Painting, for me, is both excavation and offering: a way to invite empathy without simplifying complexity. Each canvas becomes a site of dialogue, asking viewers to look longer, feel more carefully, and recognise the shared humanity that persists even in exile.

SELECTED EXHIBITIONS

- 2025 - The Contemporary Figure, XYZ Gallery (Hesketh Hubbard Art Society), London, UK
- 2024 - Freelands Painting Prize, Freelands Foundation, London, UK
- 2024 - Graduate Showcase, Cambridge School of Art (Anglia Ruskin University), Cambridge, UK
- 2024 - Taking Shape (Interim Show), Cambridge School of Art (Anglia Ruskin University), Cambridge, UK
- 2023 - The Line Between, The Museum of Technology, Cambridge, UK
- 2023 - Perception, Ruskin Gallery, Cambridge, UK
- 2022 - Assembly, The Holy Art Gallery, London, UK
- 2022 - Latibule, Ruskin Gallery, Cambridge, UK
- 2022 - The Synapse, Unit 15, The Grafton Centre, Cambridge, UK

FORTHCOMING

- 2026 - Solo Exhibition, Venue- TBC, London, UK (Confirmed Producer)
- AA2A Exhibition - Ruskin Gallery, Cambridge - September 2026

AWARDS & PRIZES

- Freelands Painting Prize - Winner (2024)
- Supanee Gazeley Fine Art Prize - Runner-up (2024)
- Artist of the Year (VAA) - Longlisted (2025)

RESIDENCIES

- AA2A Artist in Residence, Anglia Ruskin University, Cambridge School of Art, Cambridge (2025-26)

PUBLIC COMMISSIONS

- 2025 - The Human Current, Jesus Green Lido, Cambridge, UK - Public artwork commission for the Cambridge City Council (completed 14th November 2025)
- 2026 - The Angerstein Flyover Mural, Greenwich, London, UK - (Confirmed and In development)

PUBLICATIONS & FEATURES

- Aatanou Magazine - Feature article (2025)
- Freelands Painting Prize 2024 Catalogue - essay on my work by Michael Archer (Printed and digital publication)
- Google Play Books - Selected artworks published
- Artist Talk Magazine - Issue 38 (2025)
- Lucknow Times (Navbharat local newspaper) India – 2025
- Cambridge City Council – 2025 (Mural Commission)
- Cambridge Independent – 2025 (Public Art – Mural Commission)
- BBC News – Cambridgeshire – 2026 (Public Art- Mural Commission)

PROFESSIONAL EXPERIENCE

Gallery & Installation Assistant - The Heong Gallery, University of Cambridge (Cambridge, UK)

- Assisted with installation and de-installation of exhibitions and events.
- Handled artworks safely and prepared works for display, storage, and transport.
- Supported curators and artists during install periods and daily operations.
- Collaborated with international artists including Soheila Sokhanvari and Issam Kourbaj.

Visitor Experience Assistant/ Duty Manager - Federation of British Artists (Mall Galleries), London, UK

- Delivered front-of-house support and visitor engagement through high-standard customer service.
- Supported private views, events, and workshops; assisted with operational logistics.
- Coordinated collection and distribution of purchased artworks to buyers.
- Completed administrative tasks to support smooth gallery operations.

EDUCATION

- BA (Hons) Fine Art, Anglia Ruskin University, Cambridge - First Class Honours (2024)